

Yosemite Day Hikes

Hikes in Yosemite Valley

Trail	Distance miles (km)	Elevation Gain feet (meters)	Crowd Factor	Scenery Factor	Difficulty
4-Mile Trail	4.7 (7.5)*	3,200 (975)	🧑🧑🧑🧑	★★★★★	
Artist Point	2.0 (3.2)	500 (150)	🧑🧑	★★★★★	
Bridalveil Fall	1.2 (1.9)	200 (60)	🧑🧑🧑🧑	★★★★	
Columbia Rock	3 (4.8)	1,000 (300)	🧑🧑🧑🧑	★★★	
Half Dome	14.2 (22.7)*	4,800 (1,600)	🧑🧑🧑🧑	★★★★★	
Happy Isles	0.5 (0.8)*	< 10	🧑🧑🧑	★★	
Inspiration Point	2.6 (4.2)	1,000 (300)	🧑🧑	★★★	
Mirror Lake & Tenaya Canyon	2.4 (3.8)*	< 100*	🧑🧑🧑🧑	★★★	
The Mist Trail (Vernal & Nevada Falls)	3 (4.8)*	1,000 (300)*	🧑🧑🧑🧑	★★★★★	
Panorama Trail	8.5 (13.5)	3,200 (975)	🧑🧑🧑🧑	★★★★★	
Pohono Trail	13 (21)*	3,700 (1,130)*	🧑🧑🧑	★★★★★	
Sentinel / Cook's Meadow Loop	2.25 (3.6)	< 10	🧑🧑🧑🧑	★★★★	
Snow Creek Trail	7.2 (11.6)*	2,700 (820)*	🧑🧑🧑	★★★	
Turtleback Dome	1.2 (2)	360 (110)	🧑🧑	★★★	
Lower Yosemite Falls	0.5 (.8)*	< 50*	🧑🧑🧑🧑	★★★★★	
Upper Yosemite Falls	7.6 (12)*	2,600 (790)*	🧑🧑🧑🧑	★★★★★	
Vernal Fall Footbridge	2 (3.2)	300 (90)	🧑🧑🧑🧑	★★★	

* For hikes that have more than one possible route, these tables list distance and elevation for the shortest route. Or the longest one. Whatever seemed most handy at the moment. With a few exceptions (the 4-Mile, Panorama, and Pohono Trails), these are round-trip distances.

For more information, visit yosemitehikes.com.

Hikes in Southern Yosemite

Trail	Distance <i>miles</i> (<i>km</i>)	Elevation Gain <i>feet (meters)</i>	Crowd Factor	Scenery Factor	Difficulty
Chilnualna Falls	8.4 (13.5)	2,300 (700)	☺☺☺	★ ★ ★	
Mariposa Grove of Giant Sequoias	2.2 (3.5)*	1,200 (360)*	☺☺☺☺☺	★ ★ ★ ★ ★	
Wawona Meadow Loop	3.5 (5.6)*	< 50*	☺☺	★ ★ ★	
Wawona Swinging Bridge	0.75 (1.2)*	< 50	☺☺	★ ★	

Hikes Along Glacier Point Road:

Trail	Distance <i>miles</i> (<i>km</i>)	Elevation Gain <i>feet (meters)</i>	Crowd Factor	Scenery Factor	Difficulty
4-Mile Trail	4.7 (7.5)*	3,200 (975)	☺☺☺☺	★ ★ ★ ★ ★	
Bridalveil Creek	5.5 (9)*	100 (30)*	☺☺	★ ★	
Dewey, Crocker, & Stanford Points	7.8 (12.5)*	300 (90)*	☺☺	★ ★ ★ ★	
Glacier Point	1 (1.6)	< 50	☺☺☺☺☺	★ ★ ★ ★ ★	
Illilouette Falls	4 (6.5)	1,400 (420)	☺☺☺	★ ★ ★ ★	
McGurk Meadow	1.8 (2.9)	100 (30)	☺☺	★ ★ ★	
Mono Meadow	1.2 (2)*	300 (90)	☺	★ ★	
Ostrander Lake	12.4 (20)	1,600 (490)	☺☺☺	★ ★ ★	
Panorama Trail	8.5 (13.5)	3,200 (975)	☺☺☺☺	★ ★ ★ ★ ★	
Pohono Trail	13 (21)*	3,700 (1,130)*	☺☺☺	★ ★ ★ ★ ★	
Sentinel Dome	2.2 (3.5)	400 (120)	☺☺☺	★ ★ ★ ★	
Taft Point and the Fissures	2.2 (3.5)	200 (60)	☺☺☺☺	★ ★ ★ ★	
Washburn Point	0.1	15 (5)	☺☺☺☺	★ ★ ★ ★	
Westfall Meadow	2.8 (4.5)	100 (30)	☺	★ ★ ★	

* For hikes that have more than one possible route, these tables list distance and elevation for the shortest route. Or the longest one. Whatever seemed most handy at the moment. With a few exceptions (the 4-Mile, Panorama, and Pohono Trails), these are round-trip distances.

For more information, visit yosemitehikes.com.








Tioga Road Hikes

Trail	Distance <i>miles</i> (<i>km</i>)	Elevation Gain <i>feet</i> (<i>meters</i>)	Crowd Factor	Scenery Factor	Difficulty
Cathedral Lakes	7.0 (11.2)*	800 (240)*	🧑🧑🧑	★★★★	
Clouds Rest	14.5 (23.3)	1,775 (540)	🧑🧑🧑	★★★★★★	
Dog Lake	2.8 (4.5)*	750 (225)*	🧑🧑	★★★★	
Elizabeth Lake	4.6 (7.4)*	900 (270)*	🧑🧑🧑	★★★★	
Gaylor Lakes	3 (4.8)*	600 (180)*	🧑🧑	★★★★	
Glen Aulin (Tuolumne Falls/White Cascade)	13 (21)	600 (180)*	🧑🧑🧑🧑	★★★★	
Harden Lake	5.8 (9.3)	300 (90)	🧑🧑	★★	
Lembert Dome	2.8 (4.5)*	900 (275)*	🧑🧑	★★★★	
Lower Gaylor Lake	4.6 (7.4)*	800 (245)*	🧑🧑	★★★★	
Lukens Lake	1.6 (2.5)*	200 (60)*	🧑🧑🧑	★★	
Lyell Canyon	1.4 (2.2)*	< 100 (30)*	🧑🧑	★★	
May Lake & Mt. Hoffmann	2.5 (4)*	500 (150)*	🧑🧑🧑	★★★★	
Mono Pass	7.4 (12)*	900 (275)	🧑🧑🧑	★★★★	
North Dome	8.8 (14.2)	-560 (-170)	🧑🧑🧑	★★★★	
Olmsted Point	0.25 (0.4)	< 100	🧑🧑🧑🧑	★★★★	
Pothole Dome & Tuolumne River	2.5 (4)	250 (75)	🧑🧑	★★★★	
Snow Creek Trail	10 (16)*	1,700 (520)*	🧑🧑🧑	★★★★	
Spillway Lake	8 (13)	800 (240)	🧑🧑🧑	★★★★	
Sunrise Lakes	8.8 (14)*	1,300 (395)	🧑🧑🧑	★★★★	
Ten Lakes	13 (21)*	2,700 (720)	🧑🧑🧑	★★★★	
Tenaya Lake	2.5 (4)	0	🧑🧑🧑	★★★★★★	
Tuolumne Grove of Giant Sequoias	2.5 (4)	-400 (-120)	🧑🧑🧑	★★★★	
Tuolumne Meadows	2 (3.2)	0	🧑🧑🧑🧑	★★★★	









* For hikes that have more than one possible route, these tables list distance and elevation for the shortest route. Or the longest one. Whatever seemed most handy at the moment. With a few exceptions (the 4-Mile, Panorama, and Pohono Trails), these are round-trip distances.

For more information, visit yosemitehikes.com.

Hetch Hetchy & Big Oak Flat Hikes

Trail	Distance <i>miles (km)</i>	Elevation Gain <i>feet (meters)</i>	Crowd Factor	Scenery Factor	Difficulty
Carlton Falls	3.8 (6)	200 (60)	☺☺☺	★ ★ ★	
Foresta Falls	2 (3.2)	200 (60)	☺	★ ★	
Little Nellie Falls	5.6 (9)	320 (100)	☺	★ ★	
Lookout Point	2.8 (4.5)	500 (150)	☺☺	★ ★	
Merced Grove of Giant Sequoias	3 (4.8)	600 (180)	☺☺	★ ★ ★	
Rancheria Falls	13 (21)	800 (240)	☺☺☺	★ ★ ★	
Wapama Falls	5.5 (8.8)	200 (60)	☺☺☺	★ ★ ★	

Not Quite Yosemite

Trail	Distance <i>miles (km)</i>	Elevation Gain <i>feet (meters)</i>	Crowd Factor	Scenery Factor	Difficulty
Ahwahnee Hills Park	2.7 (4.3)*	100 (30)	☺☺	★ ★	
Bodie	1.0 (1.6)*	100 (30)	☺☺☺☺	★ ★ ★ ★	
Hite Cove	4.0 (6.4)*	100 (30)	☺☺	★ ★	
Lewis Creek (Red Rock & Corlieu Falls)	3.0 (4.8)*	300 (90)	☺☺☺	★ ★ ★	
Merced Wildlife Refuge	2.5 (4.0)*	0 (0)	☺☺	★ ★ ★	
Mono Lake (South Tufa Trail)	1 (1.6)	40 (12)	☺☺☺☺	★ ★ ★ ★	
Nelder Grove of Giant Sequoias	1 (1.6)*	< 100 (30)	☺☺	★ ★ ★	
Panum Crater	2.5 (4)*	200 (60)	☺☺	★ ★ ★	

* For hikes that have more than one possible route, these tables list distance and elevation for the shortest route. Or the longest one. Whatever seemed most handy at the moment. With a few exceptions (the 4-Mile, Panorama, and Pohono Trails), these are round-trip distances.

For more information, visit yosemitehikes.com.